

# SUSTAINABLE PALLIATIVE CARE EDUCATION AND TRAINING

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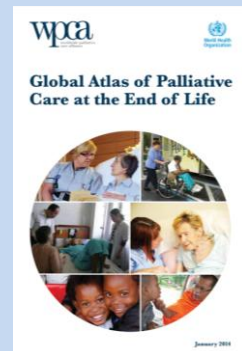
*Cardiff University postgraduate palliative care  
Education programmes*

*MSc/Diploma*



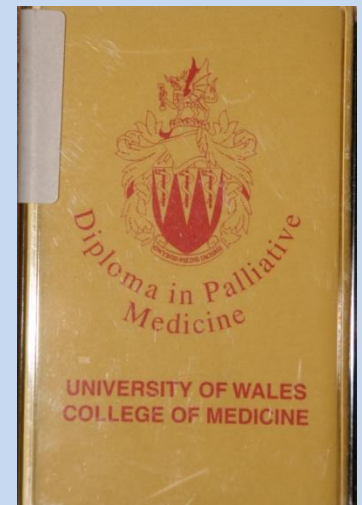
# The global need for palliative care

- In 2014 – around 20 million people – 6% of these are children.
- Low level estimates – 20 million MORE needed palliative care in the years before death
- Numbers huge – few countries implementing equitable programmes via public health approach (*Stjernwald 1997*)
- Opioid availability remains an issue
  - Global opioid policy initiative (*Cherny et al 2013*)
  - eSMO/EAPC opioid policy initiative (*Cherny et al 2009*)



# The need for training and education

- Who?
- What?
- When?
- How?
- Where?



# The vision

Establishing a training centre?

Establishing a centre of excellence?

Developing staff?

Personal drive

delivering patient care?

Responding to the need?

*What will endure changes of  
gvt/administration/management /funds/team?*

# The outcome...

- Good patient experience/better patient care
- Improved patient outcomes
- People who will share their learning

# Developing your programme or session

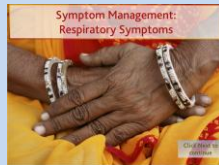
- Evaluation
- Collaboration
- Identification
- Preparation
- Communication
- Evaluation

# Cardiff Diploma in Palliative Medicine

- Started 1989.
- First distance learning course
- Added paediatric palliative care 2002
- Moved on line 2007
- Became multi-professional 2007
- First Commonwealth Scholars 2007

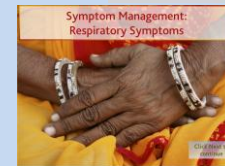
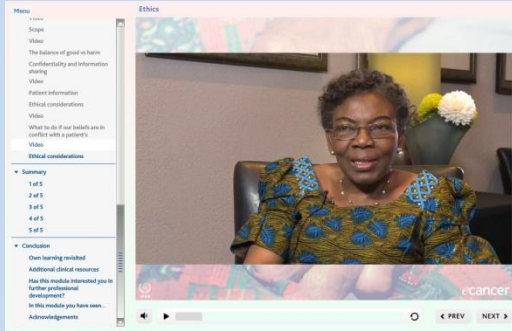
# Collaborations – various

- Groenigen, Holland – certificate course
- University of Cape Town - MPhil programmes
- Worked with ecancer.org to produce 20 open access online learning for palliative care in SubSaharan Africa
- Working with ecancer.org to produce 20 open access online learning for palliative care in India
- Working across Wales to develop a resource to support decision making around care in the last days of life





## Some stories



# What are the challenges to sustainability ?

Keeping up to date with:

- Changing needs
- Changing funds
- Changing disease management
- Changing teams
- Changing technology

Competing priorities

Resilience

Medical Education industry ...

# What works - 1?

- Collaboration
- Involvement
- Identifying stakeholders with similar passion
- Keeping up to speed with the need
- Aligning visions
- Using technology and team work
- Clarifying the project, especially at a distance

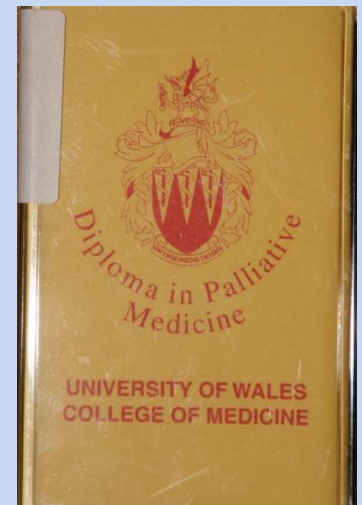
## What works – 2

- Strong sense of aims/ objectives.
- Merits of teaching in particular ways for particular groups
- Authenticity, role modelling, mentoring,
- Don't underestimate the hidden curriculum
- Ask people as they leave a session to say how they'll share their knowledge
- Being able to 'let go' and 'be overtaken



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It's a big world out there....



.... palliative care is everyone's business ....

BUT there are already resources available ....

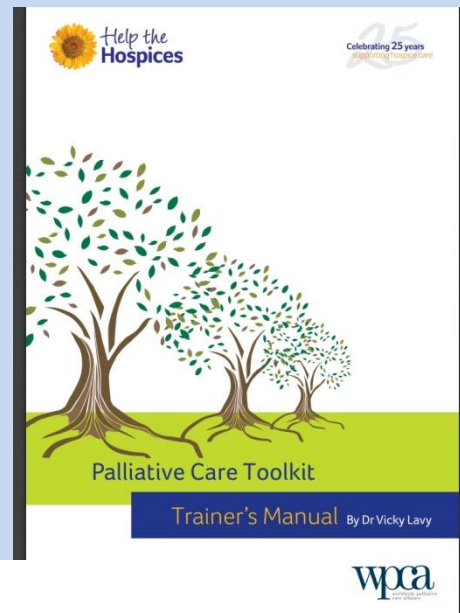
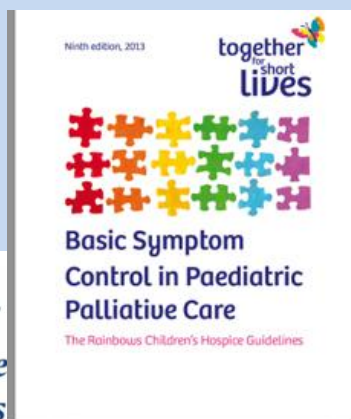
There has never been a more important time to develop and share palliative care skills

'appalling' end-of-life NHS care





## Together Each Achieves More



ONE CHANCE TO GET IT RIGHT

Improving people's experience of care in the last few days and hours of life.

Published June 2014 by the Leadership Alliance for the Care of Dying People

Publications Gateway Reference 01509



Association of Palliative Care Social Workers



European Association for Palliative Care  
Non Governmental Organisation (NGO) recognised by the Council of Europe

Home Policy Organisation Education Ethics Clinical & care Specific groups



icpcn

international children's palliative care network



Advancing Hospice & Palliative Care Worldwide

DI

HDA

e hospice

Palliative care views and inspiration from around the world





# Don't lock your knowledge away



Discuss and debate with:

- your peers on the course
- your work colleagues
- Colleagues from other specialties - join up for journal clubs or teaching sessions or ward rounds

If you work in a small team or in a single element of the team , go outside your boundaries .... Spend an hour/ a day/ an afternoon with a different team or clinic

Explore, listen and share...

# Thankyou

