



# Virtual Teaching Skills in Palliative Medicine



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We can teach palliative medicine virtually ....

#### What virtual teaching can

- Bring people together
- Create a community of practice
- Deliver and explore facts and issues across continents and time zones ( with care!)
- Be interactive
- Deliver large, small and one to one groups and discussions
- Enable role play for phone and virtual consultations very effectively
- Use additional technology such as audiovisual props to enhance a session

## What virtual teaching can't (easily) do

 Assess a clinical competence – such as listening to a chest or assessing someone's blood pressure

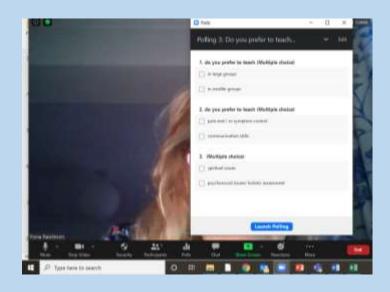
• .... But these days can you be creative..... ?

#### Interaction and activities

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- Use the 'chat' function
- Use breakout rooms for discussion, for team building activities
- Use 'polls' and voting





### Top tips to get the most out of the experience

#### As a participant:

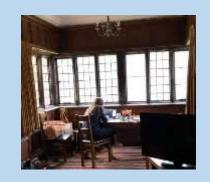
- Can you access the 'platform'?
- Are you ready for the session
- Avoid other distractions
- Video ideally if wifi bandwidth allows (it makes you more involved)
- Mute microphone unless able not to or when you are speaking
- Use the 'chat' for issues relating to the session
- At the end of the session reflect on learning points and how your practice will change as a result of the session... is there anything else you need to know





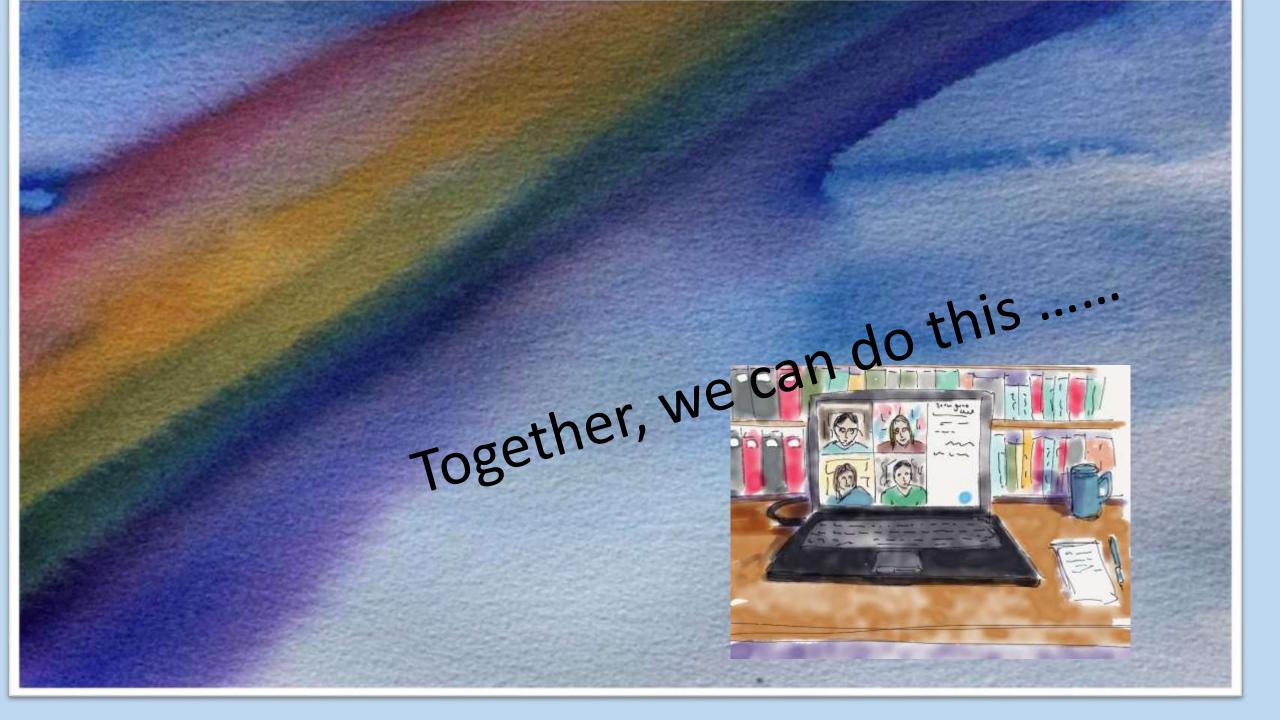
#### Top tips for facilitators

- Practise with a friend if possible
- Using a lesson plan is useful
- Appoint a co-facilitator who can manage the 'chat' and questions
- Avoid other distractions you need to be 'in the moment' completely people will see your nonverbal communication around your face and shoulders in detail!
- Check computer sound (you may need to 'share sound' if you are sharing audio visual
- Always explain always what you need participants to do
- Try to avoid a monologue (people could access that as a podcast) make the most of the interactive potential 'chunk and check' max 5-10 minutes of 'fact' in a larger group at a time and then ask for feedback/ thoughts/questions ... 'less is more'
- When asking for whole group views or discussion, stop sharing your screen so you can see the delegates as a group
- Be inclusive and if in a small group, make sure everyone feels they can add something
- Start on time, finish on time
- evaluate the session -yours and participants' views on what will you change next time?

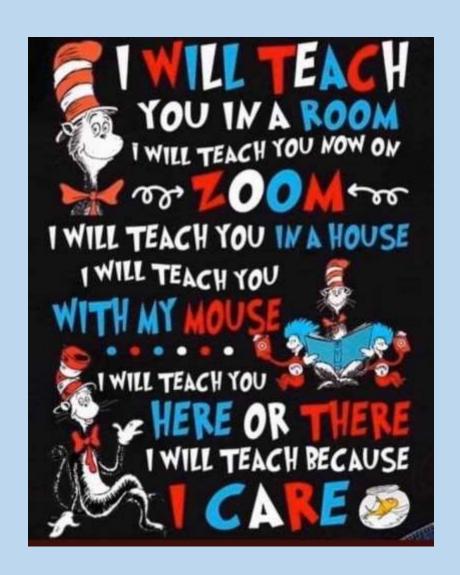








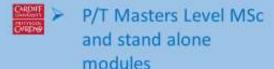
## Thankyou!



#### Contact details







- Short courses
- Webinars





https://anchor.fm/talkingpailiativecare

Palliative care is everyone's business - together we can do this.

Physician 2010 - Patiette per la everyone's basiness ....

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